



The Home of Transference Focused Psychotherapy  
in North America

IS PLEASED TO PRESENT A ZOOM CONFERENCE

**OCTOBER 22**  
**8AM-3:30PM EST**

# TREATING PATHOLOGICAL NARCISSISM

**WITHIN THE FRAMEWORK OF OBJECT RELATIONS THEORY**

Current Perspectives

*PRESENTERS:*

OTTO KERNBERG, JOHN CLARKIN,  
FRANK YEOMANS, DIANA DIAMOND,  
EVE CALIGOR, NICOLE CAIN,  
BARRY STERN, AND JULIA SOWISLO

**REGISTRATION IS OPEN**

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# CONFERENCE DESCRIPTION

Pathological Narcissism (PN) and Narcissistic Personality Disorder (NPD) are complex and prevalent mental disorders that involve significant relationship and work-related deficits with implications for social, political and organizational life. In this conference, members of TFP-New York will provide an overview of theory, research and treatment of patients with NPD and Pathological Narcissism (PN) from a contemporary object relations perspective that integrates psychodynamic attachment and neurocognitive perspectives.

The object relations model has been translated into Transference Focused Psychotherapy for PN and NPD (TFP-N), designed to meet the specific challenges of working with patients across the spectrum of personality functioning, from higher level to borderline, to those with malignant narcissism, the most severe variant of the disorder. While these patients come to therapy with diverse presentations, a common factor is the retreat from reality into an illusory grandiosity that makes them particularly difficult to engage in treatment. Using clinical examples, we will show the progression of TFP-N as it helps the patient move from the distorted, unintegrated mental representations underlying narcissistic pathology to the more integrated, realistic concept of self and others that characterizes healthier functioning.

***The conference will culminate with a lecture by Dr. Otto Kernberg on the social and political ramifications of pathological and malignant narcissism as it relates to leaders in government and commerce.***

# CONFERENCE SCHEDULE

October 22, 2021

- 8:00-8:15** Opening Remarks:  
*Diana Diamond, Frank Yeomans*
- 8:15-9:15** The Object Relations Model of NPD:  
*Eve Caligor*
- 9:20-10:20** The Structural, Functional, and Clinical Assessment of NPD: *Barry Stern*
- 10:20-10:30** Coffee Break
- 10:30-11:45** The Object Relations Model of Treatment of NPD: *Diana Diamond, Frank Yeomans*
- 11:45-12:00** Discussion
- 12:00-12:30** Lunch Break
- 1:00-2:00** A Case Study of NPD in TFP Using Research Data: *Nicole Cain, John Clarkin, Julia Sowislo*
- 2:00-2:10** Introduction to Closing Lecture by Dr. Kernberg: *John Clarkin*
- 2:10-3:10** Social and Political Aspects of PN with a Focus on Leaders: *Otto Kernberg*
- 3:10-3:30** Wrap Up and Discussion

# CONFERENCE PRESENTERS

## Biographies



**Otto F. Kernberg, M.D.**, is the Director of the Personality Disorders Institute (PDI) at The New York Presbyterian Hospital, Westchester Division, and Professor of Psychiatry at the Weill Medical College of Cornell University. Dr. Kernberg is a founding member and Past President of the International Society for TFP (ISTFP). Dr. Kernberg is a Past-President of the International Psychoanalytic Association (IPA). He is also Training and Supervising Analyst of the Columbia University Center for Psychoanalytic Training and Research.



**John Clarkin, Ph.D.**, is Clinical Professor of Psychology in Psychiatry, Weill Cornell Medical College, and Co-Director of the Personality Disorders Institute, New York Presbyterian, Westchester Behavioral Health Center. He is a member of the International Psychoanalytic Association (IPA) Research Committee and a past president of the Society for Psychotherapy Research (SPR). Dr. Clarkin is Chair of the Research Committee for the International Society for TFP (ISTFP).



**Diana Diamond, Ph.D.**, is Professor Emerita, Doctoral Program in Clinical Psychology, City University of New York, Senior Fellow of the Personality Disorders Institute (PDI), Weill Cornell Medical Center, Adjunct Professor of Clinical Practice at the New School for Social Research and Adjunct Professor, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis where she did her psychoanalytic training. She is also on the faculty of the New York Psychoanalytic Institute and Society (NIPSI). Her interests are in the theory, research, and treatment of personality disorders with a focus on the impact of pathological narcissism on the treatment process and outcome, on attachment and mentalization in personality disorders and how they change over the course of psychodynamic therapy, on psychoanalysis and film. She has published and lectured internationally in these areas.



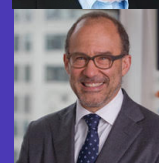
**Frank Yeomans, M.D., Ph.D.**, is Clinical Associate Professor of Psychiatry, Director of Training at the Personality Disorders Institute, Weill Cornell Medical College. He is Adjunct Associate Clinical Professor of Psychiatry, Department of Psychiatry, Columbia University Vagelos College of Physicians & Surgeons. Dr. Yeomans is a founding member and current President of the International Society for TFP (ISTFP). He has authored and co-authored articles and books on Transference-Focused Psychotherapy for personality disorders and teaches widely on that subject.



**Eve Caligor, M.D.** is Clinical Professor of Psychiatry at Columbia University College of Physicians and Surgeons, and Director of the Psychotherapy Division at the Columbia University Center for Psychoanalytic Training and Research where she also serves as Training and Supervising Analyst. She is Adjunct Professor of Psychiatry at the Sanford Weill Medical College and is Vice President of the International Society for TFP (ISTFP).



**Nicole M. Cain, Ph.D.** is an Associate Professor in the Department of Clinical Psychology in the Graduate School of Applied and Professional Psychology at Rutgers University. She earned her doctorate in clinical psychology from The Pennsylvania State University and completed a postdoctoral fellowship at New York Presbyterian Hospital/Weill Cornell Medical College in The Personality Disorders Institute. Dr. Cain's primary research interests focus on understanding how personality pathology and interpersonal functioning impact diagnosis, psychotherapy process, and treatment outcome. Her recent work has also focused on examining how pathological narcissism, effortful control, rejection sensitivity, and interpersonal problems impact maladaptive outcomes, such as suicidal behavior.



**Barry Stern, Ph.D.** is a founding member of TFP – New York. He has been a Senior Fellow of the Personality Disorders Institute of Weill Cornell Medical College for the past 20 years. Dr. Stern's work is informed by modern object-relations theory. He is an author of the Structured Interview of Personality Organization-Revised (STIPO-R), and is currently the co-lead-investigator of a study of its reliability. Dr. Stern writes, teaches, and trains on topics related to the assessment and treatment of borderline and narcissistic pathology. He is an instructor at the Columbia University Center for Psychoanalytic Training and Research, where he has taught modern Kleinian theory of technique, and developed the Center's curriculum on systemic-analytic therapy for couples.



**Julia Sowlislo, Ph.D.** is a visiting scholar from Switzerland and an Instructor of Psychology in Psychiatry at Weill Cornell Medical College. She is Senior Research Associate at The Personality Disorders Institute of New York Presbyterian Hospital. She received a PhD from the University of Basel and is licensed as a psychodynamic psychotherapist in Switzerland.

### **Conference Committee:**

***Eve Caligor, John Clarkin, Jill Delaney, Diana Diamond, Frank Yeomans***

**For Questions, please contact:**

***Jill Delaney***

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