

Frank Yeomans
Curriculum Vitae – 2019

GENERAL INFORMATION:

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EDUCATIONAL BACKGROUND:

A.B.	Harvard College Cambridge, MA	1967-1971	1971
D.E.U.G.	Université de Paris X Nanterre Paris, France	1974-1975	1975
Ph.D.	Yale University New Haven, CT	1971-1974 and 1975-1977	1977
M.D.	Yale University New Haven, CT	1977-1981	1981

PROFESSIONAL POSITIONS AND EMPLOYMENT

Post-doctoral Training:

Fellow	Ecole Normale Supérieure	1974-1975
The Mark Kanzer Fellow for interdisciplinary work in the humanities and psychoanalysis	Western New England Institute for Psychoanalysis (First year curriculum)	1976-1977
Internship and Psychiatric Residency	New York Hospital-Cornell Medical Center Payne Whitney Clinic, New York, NY	1981-1985
Authority, Leadership and Organization Conference	The Tavistock Institute Group Relations Training Program, U.K.	1987

Academic Positions:

Instructor in Psychiatry	Cornell University Medical College	1985-1988
Assistant Professor of Psychiatry	Cornell University Medical College	1988-1994
Associate Professor of Psychiatry	Cornell University Medical College	1994-1995
Clinical Associate Professor of Psychiatry	Cornell University Medical College	1995-present
Adjunct Associate Clinical Professor of Psychiatry	Columbia University College of Physicians and Surgeons Center for Psychoanalytic Training and Research	2006-present

Hospital Positions:

Attending Psychiatrist	New York Hospital-Westchester Division	1985-1995
Assistant Unit Chief	Unit for the Treatment of Psychotic and Character Disorders New York Hospital-Westchester Division	1986-1989
Unit Chief	Unit for the Treatment of Borderline Personality Disorder New York Hospital-Westchester Division	1989-1995
Fellow and Director of Training	Personality Disorders Institute at the Weill Medical College of Cornell University	1995-present

Other Employment:

1985-present	Private Practice of Psychiatry
1995-1998	Psychiatrist, Family Court of New York City (part-time).

LICENSURE, BOARD CERTIFICATION, MALPRACTICE

Licensure:

New York State

Board Certification:

American Board of Psychiatry and Neurology Certificate #: 28661 11/86

PROFESSIONAL MEMBERSHIPS:

Member	American Psychiatric Association	1985-present
Chair	Group for the Advancement of Psychiatry Committee on Psychotherapy	2008-present
Director of Training	International Society for Transference-Focused Psychotherapy	2011-present
Honorary Member	American Psychoanalytic Association	2012-present

HONORS AND AWARDS:

Mark Kanzer Award work in the humanities and psychoanalysis	1976
Honorary President of the Personality Disorders Lab of Italy	2008
Journal of the American Psychoanalytic Association Prize Award for Excellence in Psychoanalytic Scholarship and Distinguished Contributions to the Journal (shared with Eve Caligor, Diana Diamond and Otto Kernberg)	2009
Honorary membership in the American Psychoanalytic Association	2012

INSTITUTIONAL/HOSPITAL AFFILIATION:

New York Presbyterian Hospital

EMPLOYMENT STATUS:

Voluntary

CURRENT AND PAST INSTITUTIONAL RESPONSIBILITIES

Unit Chief	Unit for the Treatment of Borderline Personality Disorder New York Hospital-Westchester Division	1989-1995
Fellow and Director of Training	Personality Disorders Institute at the Weill Medical College of Cornell University	1995-present

RESEARCH SUPPORT AND PERCENT EFFORT

"Psychotherapy of Borderline Patients."

Awarded \$24,000, 1987-1989

Principal Investigators: John Clarkin, Ph.D and Harold Koenigsberg, M.D.

This study involved developing a therapy manual and rating instruments for therapist adherence and patient change. Co-Investigator; My 12% of the effort focused on the treatment contract.

"Psychotherapy of Borderline Inpatients."

The Fund for Psychoanalytic Research of the American Psychoanalytic Association awarded \$26,170, 1992-1994

Principal Investigator: James Hull, Ph.D.

This study explored the relationship between patient language in psychotherapy, symptom levels, and therapeutic alliance in hospitalized borderline patient. Co-investigator, 20% effort.

"Psychotherapy of Borderline Personality Disorder Patients."

NIMH awarded funding of \$206,106 in direct and indirect costs, 1992-1995

Principal Investigator: John Clarkin, Ph.D.

This two year study compares the first year of a manualized psychodynamic psychotherapy of these patients to a cognitive behavioral treatment. Co-investigator, 10% effort.

"Randomized Clinical Trial for BPD Patients."

Borderline Research Foundation awarded \$2,000,000 funding, 1999-2005

Principal Investigators: Otto Kernberg, M.D. and John Clarkin, Ph.D.

Co-investigator and Director of the TFP cell, 6% effort.

"Psychological and fMRI changes in BPD Patients."

Private funding of \$500,000, 2008-present

Principal Investigators: Otto Kernberg, M.D. and John Clarkin, Ph.D.

Co-investigator and Director of the Therapy Cell, 10% effort.

EXTRAMURAL PROFESSIONAL RESPONSIBILITIES**Teaching Experience and Responsibilities:**

Director of Training	Personality Disorders Institute at the Weill Medical College of Cornell University	1995-present
Lecturer	Columbia University College of Physicians and Surgeons Center for Psychoanalytic Training and Research	2006-present
Lecturer, consultant and supervisor	Department of Psychology Université Laval, Québec, Canada (part-time).	1997-present
Lecturer, consultant and supervisor	The Munich Institute for TFP, Munich, Germany (part-time).	1999-2008
Lecturer, consultant and supervisor	The Hôpital Céry, Lausanne, Switzerland (part-time).	2000-2004
Lecturer, consultant and supervisor	The Österreichische Gesellschaft für angewandte Tiefenpsychologie und allgemeine Psychotherapie, Vienna, Austria (part-time).	2004-present
Lecturer, supervisor and honorary president	Personality Disorders Lab of Italy	2008-present

BIBLIOGRAPHY**Journal Articles:**

1. **Yeomans FE**, Clarkin JF, Altschul, E, Hull JW. The Role of Figurative Language in the Induction Phase of an Expressive Psychotherapy. *Journal of Psychotherapy Research and Practice* Summer 1992; *1*(3), 270-279.
2. **Yeomans FE**. Treatment Planning: When a Therapist Overindulges a Demanding Borderline Patient. *Hospital and Community Psychiatry* April 1993; *44*(4), 334-336.
3. **Yeomans FE**, Selzer MA, Clarkin JF. Studying the Treatment Contract in Intensive Psychotherapy with Borderline Patients. *Psychiatry* August 1993; *56*(3), 254-269.

4. Hull JW, Clarkin JF, **Yeomans FE**. Borderline Personality Disorder and Impulsive Sexual Behavior. *Hospital and Community Psychiatry* October 1993; 44(10), 1000-1002.
5. **Yeomans FE**, Hull JW, Clarkin JF. Risk Factors for Self-Damaging Acts in a Borderline Population. *Journal of Personality Disorders* 1994; 8(1), 10-16.
6. Clarkin JF, Hull JW, **Yeomans FE**, Kakum T, Canton J. Antisocial Traits as Modifiers of Treatment Response in Borderline Inpatients. *Journal of Psychotherapy Practice and Research* Fall 1994; 3(4), 307-312.
7. **Yeomans FE**, Gutfreund J, Selzer MA, Clarkin JF, Hull JW, Smith TE. Factors Related to Borderline Drop-Outs: Treatment Contract and Therapeutic Alliance. *Journal of Psychotherapy Practice and Research* Winter 1994; 3(1), 16-24.
8. Smith TE, Koenigsberg HW, **Yeomans FE**, Clarkin JF, Selzer MA. Predictors of dropout in psychodynamic psychotherapy of borderline personality disorder. *Journal of Psychotherapy Practice and Research* 4 1995; 205-213.
9. Hull J, **Yeomans FE**, Clarkin JF, Li C, Goodman G. Factors associated with multiple hospitalizations in borderline inpatients. *Psychiatric Services*, 47 1996; 638-641.
10. Goodman G, Hull JW, Clarkin JF, **Yeomans FE**. Comorbid mood disorders as modifiers of treatment response among inpatients with borderline personality disorder. *Journal of Nervous and Mental Disease* 1998; 186(10), 616-622.
11. Diamond D, Clarkin JF, Levine H, Levy K, Foelsch P, **Yeomans FE**. Borderline conditions and attachment: A preliminary report. *Psychoanalytic Inquiry* 1999;19.
12. Goodman G, Hull JW, Clarkin JF, **Yeomans FE**. Childhood antisocial behaviors as predictors of psychotic symptoms and DSM-III-R borderline criteria among inpatients with borderline personality disorder. *Journal of Personality Disorders* 1999; 13(1), 35-46.
13. **Yeomans FE**, Clarkin JF. New developments in the investigation of psychodynamic psychotherapy. *Current Opinion in Psychiatry* 2001; 14, 591-595.
14. **Yeomans FE**, Levy KN. An Object Relations Perspective on Borderline Personality. *Acta Neuropsychiatrica* 2002; 14, 76-80.
15. **Yeomans FE**. Transference-focused Psychotherapy in Borderline Personality Disorders. *Psychiatric Annals* 2004; 34(6), 449-454.

16. Levy KL, Clarkin JF, **Yeomans FE**, Scott LN, Wasserman RH, Kernberg OF. The Mechanisms of Change in the Treatment of Borderline Personality Disorder with Transference Focused Psychotherapy. *Journal of Clinical Psychology* 2006; 62(4), 481-502.
17. **Yeomans FE**, Delaney JC, Renaud A. La psychothérapie focalisée sur le transfert. *Santé Mentale au Québec* 2007; XXXII(1), 17-34.
18. Clarkin JF, **Yeomans FE**, Lenzenweger MF, Levy KL, Kernberg OF. An Object Relations Model of Borderline Pathology. *Journal of Personality Disorders* 2007; 21(5): 474-499.
19. Levy KN, **Yeomans FE**, Diamond D. Psychodynamic treatments of self-injury, *Journal of Clinical Psychology* 2007; 63(112): 1165-1120.
20. **Yeomans FE**, Questions Concerning the Randomized Trial of Schema-Focused Therapy vs Transference-Focused Psychotherapy. Letter to the Editor, *Archives of General Psychiatry* 2007; 64, 609-610.
21. **Yeomans FE**, Delaney J. Transference-Focused Psychotherapy as a Means to Change the Personality Structure that Underlies Borderline Personality Disorder. *Social Work in Mental Health* 2008; 6(1/2): 157-170.
22. Diamond D, **Yeomans FE**. La relation patient-thérapeute : rapport avec la théorie de l'attachement et le fonctionnement réflexif. *Santé Mentale au Québec* 2008 ; 33(1) : 61-87.
23. Diamond D, **Yeomans FE**. Le rôle de la TFP dans le traitement des troubles narcissiques. *Santé Mentale au Québec* 2008 ; 33(1) : 115-139.
24. Lenzenweger MF, Clarkin JF, **Yeomans FE**, Kernberg OF, Levy KN. Refining the Borderline Personality Disorder Phenotype through Finite Mixture Modeling: Implications for Classification. *Journal of Personality Disorders* 2008; 22(4): 313-331.
25. Kernberg OF, **Yeomans FE**, Clarkin JF, Levy KN : *Transference Focused Psychotherapy: Overview and Update*. *International Journal of Psychoanalysis* 2008; 89: 601-620.
26. Caligor E, Diamond D, **Yeomans FE**, Kernberg OF. The Interpretive Process in the Psychoanalytic Psychotherapy of Borderline Personality Pathology. *Journal of the American Psychoanalytic Association* 2009; 57: 271-301.
27. **Yeomans FE**, Levy KN, Clarkin JF. The Case for Borderline Personality Disorder: Commenting on Tyrer and Paris, et al. *Journal of Personality and Mental Health* 2009; 3: 110-115.

28. Levy KN, **Yeomans FE**, Denning F, Fertuck EA. UK National Institute for Clinical Excellence guidelines for the treatment of borderline personality disorder. *Personality and Mental Health* 2010; 4(1): 54-58.
29. **Yeomans FE**. Commentary on Elsa Ronningstam's 'Narcissistic Personality Disorder'. *Personality and Mental Health* 2011; 5: 238-242.
30. Carsky M & **Yeomans FE**. Overwhelming Patients and Overwhelmed Therapists. *Psychodynamic Psychotherapy* 2012; 40 (1): 75-90.
31. Kernberg OF & **Yeomans FE**. Borderline Personality Disorder, Bipolar Disorder, Depression, Attention Deficit/Hyperactivity Disorder, and Narcissistic Personality Disorder: Practical Differential Diagnosis. *Bulletin of the Menninger Clinic* 2013; 77(1): 1-22.
32. Diamond D, **Yeomans FE**, Stern B, Levy K, Hörz S, Fisher-Kern M, Delaney J, Clarkin J. Transference Focused Psychotherapy for Patients with Co-Morbid Narcissistic and Borderline Personality Disorder. *Psychoanalytic Inquiry* 2013; 33(6): 1-26.
33. **Yeomans FE**, Levy K, Caligor E: Transference-focused psychotherapy. *Psychotherapy* 2013; 50(3): 449- 453.
34. Levy KN, Ehrenthal JC, **Yeomans FE**, Caligor E: The efficacy of psychotherapy: Focus on psychodynamic psychotherapy as an example. *Psychodynamic Psychiatry* 2014; 42(3): 377-422.
35. Sledge W, Plakun E, Bauer S, Brodsky B, and **Yeomans FE**: Psychotherapy for suicidal patients with borderline personality disorder: an expert consensus review of common factors across five therapies. *Borderline Personality Disorder and Emotional Dysregulation* 2014, 1:16.
36. Caligor E, Levy KN, **Yeomans FE**: Narcissistic personality disorder: diagnosis and clinical challenges. *American Journal of Psychiatry* 2015;172(5), 415-422.
37. **Yeomans FE**, Delaney JC, Renaud A. La psychothérapie focalisée sur le transfert. *L'information psychiatrique* 2016; X :1-7.
38. Martin L, Lloyd B, Cammell P, **Yeomans FE**. Transference-Focused Psychotherapy in Australian psychiatric training and practice. *Australian Psychiatry* 2016: 1-4.
39. **Yeomans FE** : Übertragungsfokussierte Therapie. *Persönlichkeitsstörungen : Theorie und Therapie* 2017: 39-46.

40. **Yeomans FE**, Delaney JC, Levy KN. Behavioral Activation in TFP: The Role of the Treatment Contract in Transference-Focused Psychotherapy. *Psychotherapy* 2017; 54(3): 260-266.
41. Stern BL, Diamond D, **Yeomans FE**. Transference-Focused Psychotherapy for Narcissistic Personality Disorder: Engaging Patients in the Early Treatment Process. *Psychoanalytic Psychology* 2017: 1-16.
42. Stern BL, **Yeomans FE**. The Psychodynamic Treatment of Borderline Personality Disorder: An Introduction to Transference-Focused Psychotherapy. *Psychiatric Clinics of North America* 2018: 41(2). 207-223.
43. Lazar SG, Bendat M, Gabbard GO, Levy KN, McWilliams N, Plakun EM, Shedler J, and **Yeomans FE**: Clinical Necessity Guidelines for Psychotherapy, Insurance Medical Necessity and Utilization Review Protocols, and Mental Health Parity. *Journal of Psychiatric Practice* 2018: 24(3). 179-193.

Books, book chapters, reviews, and commentaries:

1. **Yeomans FE**. Freud et le yiddish; le préanalytique. *Psychoanalytic Quarterly* 1984; 53:4, 612-614 [review].
2. **Yeomans FE**. The Legend of Freud. *Psychoanalytic Quarterly* 1985; 54:1, 120-123 [review].
3. **Yeomans FE**. Interpreting Lacan. *Psychoanalytic Quarterly* 1986; 55:4, 649-652 [review].
4. **Yeomans FE**. Jacques Lacan: The Death of an Intellectual Hero. *Psychoanalytic Quarterly* 1987; 56:2, 377-380 [review].
5. **Yeomans FE**. Psychotherapy of Neurotic Character. *Journal of Clinical Psychiatry* 1991; 52:1, 46 [review].
6. **Yeomans FE**, Selzer MA, Clarkin JF. *Treating the Borderline Patient: A Contract-Based Approach*. Basic Books, New York; 1992.
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11. **Yeomans FE**, Clarkin JC, Kernberg OF. *A Primer on Transference-Focused Psychotherapy for Borderline Patients*. Jason Aronson, Northvale, NJ; 2002.
12. Diamond D, Clarkin JF, Stovall-McClough C, Levy KN, Foelsch PA, Levine H, **Yeomans FE**. "Patient-Therapist Attachment: Impact on Therapeutic Process and Outcome," in *Attachment Theory and the Psychoanalytic Process*, Eds. Cortina M, Marone M. Guilford Press, New York; 2002. 50
13. **Yeomans FE**, Clarkin JF, Levy KL. "Psychodynamic Psychotherapies" in *Textbook of Personality Disorders*, Eds. Oldham J, Skodol A, Bender D. American Psychiatric Press, Washington, DC; 2005.
14. Clarkin JF, **Yeomans FE**, Kernberg OF. *Psychotherapy for Borderline Personality: Focusing on Object Relations*. American Psychiatric Press, Washington, DC; 2006.
15. Diamond D, **Yeomans FE**. "Oedipal Love and Conflict in the Transference-Countertransference Matrix: It's Impact on Attachment Security and Mentalization" in *Attachment and Sexuality*, Eds. Diamond D, Blatt S, Lichtenberg J. The Analytic Press, New York; 2007.
16. Dammann G, Clarkin JF, **Yeomans FE**, Kernberg OF. "Die übertragungsfokussierte Psychotherapie TFP – Ein störungs-spezifisches, manualgeleitetes psychodynamisches Verfahren zur Behandlung der Borderline-Persönlichkeitsstörung" in *Psychotherapie der Borderline-Störungen*, Eds. Dammann G, Janssen PL. Thieme, Stuttgart; 2007.
17. Kernberg OF, Diamond D, **Yeomans FE**, Clarkin JF, and Levy KN: "Mentalization and Attachment in Borderline Patients in Transference-focused Psychotherapy" in *Mind to Mind: Infant Research, Neuroscience and Psychoanalysis*, Eds. Jurist E, Slade A, Bergner S. Other Press, New York; 2008.
18. **Yeomans FE**, Clarkin JC, Diamond D, Levy KL: "An Object Relations Treatment of Borderline Patients with Reflective Functioning as a Mechanism of Change" in *Mentalization:*

- Theoretical Considerations, Research Findings, and Clinical Applications*, Ed. Busch F. The Analytic Press, New York, 2008.
19. Diamond D, **Yeomans FE**, Clarkin, J, Levy K., Kernberg, OF. “The Reciprocal Impact of Attachment and Transference-Focused Psychotherapy with Borderline Patients” in *Clinical Applications of the Adult Attachment Interview*, Eds. Steele, H and Steele, M. New York: Guilford Press; 2008.
 20. Levy KN, Wasserman RH, Scott LN, **Yeomans FE**. Empirical evidence for transference focused psychotherapy and other psychodynamic psychotherapy for borderline personality disorder in *Handbook of Evidence-Based Psychodynamic Psychotherapy: Bridging the Gap between Science and Practice*, Eds. Ablon S, Levy R . New York: Humana Press; 2009.
 21. **Yeomans FE**, Kernberg OF. “Borderline Personality Organization” in *Approach to the Psychiatric Patient*, Ed. Barnhill J. Washington, DC: American Psychiatric Publishing; 2009.
 22. **Yeomans FE**, Diamond D. “Transference-Focused Psychotherapy and Borderline Personality Disorder” in *Psychodynamic Psychotherapy for Personality Disorders: A Clinic Handbook*, Eds. Clarkin JF, Fonagy P, Gabbard GO. Washington, DC: American Psychiatric Publishing; 2010.
 23. Caligor E, **Yeomans FE**, Levin, Z. “Personality Disorders” in *Psychiatry*, Eds. Cutler, JL, Marcus, ER. Oxford University Press; 2010.
 24. Levy KN, Meehan KB, **Yeomans FE**. Transference-focused psychotherapy reduces treatment drop-out and suicide attempters compared with community psychotherapist treatment in borderline personality disorder. *Evidence Based Mental Health* published online August 10, 2010. BMJ Publishing Group Ltd. Royal College of Psychiatrists and British Psychological Society.
 25. Diamond D, **Yeomans FE**, and Levy K. Psychodynamic Psychotherapy for Narcissistic Personality Disorder. *The Handbook of Narcissism and Narcissistic Personality Disorder: Theoretical Approaches, Empirical Findings, and Treatment*, Eds. Keith Campbell and Josh Miller, New York: Wiley; 2011.
 26. Clarkin JF, **Yeomans FE**. Managing Negative Reactions to Clients with Borderline Personality Disorder in Transference-Focused Psychotherapy. *Transforming Negative Reactions to Clients*, Eds. Abraham Wolf, Marvin Goldfried and J. Christopher Muran, Washington: American Psychological Association; 2012.

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28. Levy KN, Meehan KB, & **Yeomans FE**. An Update and Overview of the Empirical Evidence for Transference-Focused Psychotherapy and Other Psychotherapies for Borderline Personality Disorder. In R. Levy & S. Ablon (Eds.), *Handbook of Evidence Based Psychodynamic Psychology*. New York: Humana Press; 2012
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32. **Yeomans FE**, Clarkin JF, & Kernberg OF. Transference-Focused Psychotherapy for Borderline Personality Disorder: A Clinical Guide. Washington, DC: American Psychiatric Publishing; 2015.
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35. Hersh R, Caligor E, **Yeomans FE**. Fundamentals of Transference-Focused Psychotherapy: Applications in Psychiatric and General Medical Settings. New York, Springer, 2017
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